

Please find below details of a website with FANTASTIC links that you can have access to. There are various topics. See below. All FREE!

There are workshops for younger and older children.

Please do look at them and see if any appropriate for you.

<https://contact.org.uk/help-for-families/family-workshops-and-events/brighter-beginnings-workshops/>



## [Brighter Beginnings workshops | Contact](https://contact.org.uk/help-for-families/family-workshops-and-events/brighter-beginnings-workshops/)

Our virtual workshops provide additional support for families during this pandemic. They take place via Zoom. Thanks to a range of funding sources, we are able to offer our suite of workshops as free virtual one-off sessions. However, we do look forward to being able to offer in-person workshops again in the future, once it is appropriate to do so.

[contact.org.uk](https://contact.org.uk)

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### Workshop topics

New! Speech Language and Communicatio

NEW! Early Years Entitlements ▾

Anxiety ▾

Toilet Training ▾

Money Matters ▾

Handling meetings ▾

Encouraging Positive Behaviour ▾

Education workshops ▾

Speech and language 0 to 5 ▾

Sleep workshops ▾

Siblings workshops ▾

Growing up workshops ▾

Wellbeing workshops ▾

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