



# Incredible Years Parent Programme

The Incredible Years Parent Programme provides tools to help your child learn and succeed in school and life!

- Want to build a more positive relationship with your child?
- Looking for more effective discipline when your child says “no,” hits or refuses to listen?
- Need new ideas for helping your child to grow and learn?

**Our parent programme will provide you with answers to the questions and more!**



## WHY ATTEND?

This FREE opportunity is an award winning programme with proven results!

## NEED CHILDCARE?

There is a FREE creche for your child.

## CAN'T GET THERE?

There may be transport available for eligible families.



## WHO?

Parents of children aged 1—5 years.

## WHEN AND WHERE

1—3 years programme will run at Queens Park Neighbourhood Centre. Starts Wednesday 24th April, 9.30-11.30am for 12 weeks (break week in half term)

3—5 years programme will run at Cherry Trees Children Centre. Starts Wednesday 24th April, 9.30-11.30am for 12 weeks (break week in half term)

**TO BOOK YOUR PLACE PLEASE CONTACT ECP ON 0300 323 0245, OPTION 1, PETER PAN NURSERY 01234 350864, OR CONTACT US THROUGH BEDFORD BOROUGH CHILDREN CENTRE FACEBOOK PAGE.**