Allergen Report

Generated: 20/03/2025

Menu: St Josephs & St Gregorys - Week 3

COOMBS
CATERING PARTNERSHIP

✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information Vegetarian Vegan Modifier

Main Meals

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Fish Fingers KS1		✓		✓														✓									
Fish Fingers KS2		✓		✓														✓									
Beef Chilli Con Carne		✓		✓																							
Hunters Chicken																							✓			✓	
Pork Meatballs in Tomato Sauce - Spaghetti		✓		✓																	✓						✓
Sausage Meat Plait		✓		✓													✓				?				?	?	✓

Vegetarian Meals

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Veggie Mince Chilli (VG/GF)																					✓						
BBQ Quorn (GF)																	✓									✓	
Vegetarian Sausage Roll (VG)		✓		✓																							
Vegetarian Meatballs in Tomato Sauce with Spaghetti (VG)		✓		✓																							
Cheese & Onion Quiche		✓		✓													✓				?		✓				

Sides

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Homemade Bread		✓		✓													?				✓		✓				
Spicy Potato Wedges (VG)		✓		✓																							
Rice - Primary (VG)																											
Baby Potato (VG/GF)																											✓
50/50 Rice																											
Peas (VG)																											
Green Beans (VG)																											
Chips (VG)																											
Baked Beans (VG/GF)																											
Broccoli (VG/GF)																											

Third Option

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Twisty Pasta with Tomato Sauce (VG)		✓		✓																							
Jacket Potato (VG/GF/DF)																											
Jacket Potato Grated Cheese Topping																							✓				
Jacket Potato Grated Cheese Topping (VG/GF/DF)																											
Jacket Potato Baked Beans Topping (VG/GF/DF)																											
Side Salad (VG/GF/DF)																											
Jacket Potato Tuna Mayo Topping																	✓	✓									

Desserts

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Cherry shortbread (VG)		✓		✓																	?						✓
Jam Sponge		✓		✓													✓				?						
Raspberry Jelly (VG)																											
Apple & Raisin Cookie		✓		✓																	?		✓				
Raspberry Ripple Ice Cream																							✓				
Strawberry Yogurt	?	?		?													?				?		✓				?
Fruit - Apple (VG)																											
Fruit - Grapes (VG)																											
Fruit - Banana (VG)																											
Fruit - Orange (VG)																											