Allergen Report

Generated : 31/03/2025

Menu: St Josephs & St Gregorys - Week 1

COOMBS
CATERING PARTNERSHIP

✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information Vegetarian Vegan Modifier

Main Meals

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Beef Burger in a Bun		✓		✓																		?					
Roast Gammon																											
Chicken Masala		?		?			?										?				?		?	?		✓	
Salmon Fish Cake		✓		✓														✓									
Macaroni Cheese Topped with Crispy Bacon		✓		✓																	?		✓				

Vegetarian Meals

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Vegetable Burger in a Bun (VG)		✓		✓																	?	?				?	
Cauliflower Cheese Bake		✓		✓																	?		✓				
Quorn Tikka Masala Curry		?		?													✓				?		✓	✓		?	
Macaroni Cheese		✓		✓																	?		✓				
Cheese & Onion Plait		✓		✓													✓				?		✓		?	?	✓

Sides

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Homemade Bread		✓		✓													?				✓		✓				
Rice - Primary (VG)																											
Roast Potatoes (VG)																											✓
50/50 Rice																											
Carrots (half portion) (VG/GF)																											
Naan Bread (VG)		✓		✓																							
Peas (half portion) (VG)																											
Broccoli (VG/GF)																											
Broccoli (half portion) (VG/GF)																											
Gravy (VG)																											
Chips (VG)																											
Baked Beans (VG/GF)																											
Peas (VG)																											
Diced Potatoes (VG)																											
Corn on the Cob (VG)																											
Warm Wholemeal Baguette / Crusty Bread (VG)	✓	✓		✓																		?					

Third Option

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Twisty Pasta with Tomato Sauce (VG)		✓		✓																							
Jacket Potato (VG/GF/DF)																											
Jacket Potato Grated Cheese Topping																							✓				
Jacket Potato Grated Cheese Topping (VG/GF/DF)																											
Jacket Potato Baked Beans Topping (VG/GF/DF)																											
Jacket Potato Tuna Mayo Topping																	✓	✓									
Side Salad (VG/GF/DF)																											
Ham Baguette	✓	✓	✓	✓	?																		?	?			
Cheese Baguette	✓	✓	✓	✓	?																		✓				
Tuna Mayo Baguette	?	✓	?	✓	?												✓	✓									

Desserts

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Flapjack (VG)	?	?		✓	✓																						✓
Chocolate & Pear Traybake		✓		✓													✓				?						
Strawberry Jelly (VG)																											
Tropical Fruit Salad (VG)																											✓
Vanilla Ice Cream Sundae		✓		✓																			✓			?	
Strawberry Yogurt	?	?		?													?				?		✓				?
Fruit - Apple (VG)																											
Fruit - Grapes (VG)																											
Fruit - Banana (VG)																											
Fruit - Orange (VG)																											